

# Work Experience

## Overview

Folsom Lake College's work experience program is a unique, experiential academic program that allows individuals to apply what they've learned in the classroom to a work environment. Upon completion of their work experience, students may earn 1-4 units of transferable credit with a letter grade. This program serves: college interns, volunteers, and employees. It also meets one of the living skills graduation requirement for an associate degree.

[LEARN MORE ABOUT FLC'S WORK EXPERIENCE & INTERNSHIP PROGRAM](#) > (/ACADEMICS/INTERNSHIPS-AND-CAREER-SERVICES/WORK-EXPERIENCE-AND-INTERNSHIP-PROGRAM)

## Internships and Opportunities

Internships and volunteer experiences provide an opportunity for students to obtain work experience in their major. This activity assists students to develop technical skills, explore career choices, build confidence, network with people in the field, and transition for entry into a competitive labor market.

Interested students must apply two or more weeks before classes start and are required to take a weekly one-hour career management class. College credit is earned and internships may be paid or non-paid.

## Employees

The program also assists employed students who are interested in advancing within their existing work environment. Through this program and the approval of the student's employer supervisor, students can apply what they have learned in the classroom to their job. College credit is earned.

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## Work Experience (WEXP) Courses

### WEXP 198 Work Experience - General

<b>Units:</b>	1 - 3
<b>Hours:</b>	60 - 225 hours LAB
<b>Prerequisite:</b>	None.
<b>Enrollment Limitation:</b>	Students must be in a paid or unpaid internship, volunteer position or job.
<b>Advisory:</b>	ENGWR 101 and ESLW 320
<b>General Education:</b>	AA/AS Area III(b)
<b>Catalog Date:</b>	June 1, 2020

This course provides students with opportunities to develop marketable skills in preparation for employment or advancement within their current job. Course content will include understanding the application of education to the workforce; completion of required forms which document the student's progress and hours spent at the work site; and developing workplace skills and competencies. During the semester, the student is required to attend a weekly orientation. Additionally, students must complete 75 hours of paid work experience, or 60 hours of unpaid work experience, for one unit. An additional 75 hours of paid work experience or 60 hours of unpaid work experience is required for each additional unit. The course may be taken two times for credit, when there is new or expanded learning on the job, for a maximum of 6 units. Students should have access to a computer, the Internet, and some computer media such as a USB drive to store data files. Online students must have an e-mail account. First time students are required to attend a weekly orientation and a final meeting. Returning participants are required to attend the first class meeting, a mid-semester meeting and a final meeting and may meet individually with the instructor as needed. Students may take up to 16 units total across all Work Experience course offerings. Only one Work Experience course may be taken per semester.

### Student Learning Outcomes

Upon completion of this course, the student will be able to:

- identify competencies for effective and competitive workforce performance as written in the minimum three (3) learning objectives created by the student and his/her employer or work site supervisor at the start of the course.
- apply industry knowledge and theoretical concepts as reflected in individualized learning objectives written in partnership with employer work site supervisor.
- analyze local, regional and global changes in the workplace and evaluate their impact on workers and job seekers.
- examine the elements of a balanced lifestyle and relate them to job satisfaction and/or personal and career success.

### WEXP 498 Work Experience in (Subject)

<b>Units:</b>	1 - 4
<b>Hours:</b>	60 - 300 hours LAB
<b>Prerequisite:</b>	None.

<b>Enrollment Limitation:</b>	Student must be in a paid or non-paid internship, volunteer opportunity, or job related to career interests.
<b>Advisory:</b>	ENGWR 101 or ESLW 320
<b>Transferable:</b>	CSU
<b>General Education:</b>	AA/AS Area III(b)
<b>Catalog Date:</b>	June 1, 2020

This course provides students with opportunities to develop marketable skills in preparation for employment in their major field of study or advancement within their career. Course content will include understanding the application of education to the workforce; completing required forms which document the student's progress and hours spent at the work site; and developing workplace skills and competencies. During the semester, the student is required to attend orientation. Students must complete 75 hours of related paid work experience, or 60 hours of related unpaid work experience, for one unit. An additional 75 hours of related paid work experience or 60 hours of related unpaid work experience is required for each additional unit. The course may be taken for a maximum of 16 units. Students should have access to a computer, the Internet, and some computer media such as a USB drive to store data files. Online students must have an email account. Only one Work Experience course may be taken per semester.

## Student Learning Outcomes

Upon completion of this course, the student will be able to:

- apply industry knowledge and theoretical concepts in a field of study or career as written in the minimum 3 learning objectives created by the student and his/her employer or work site supervisor at the start of the course.
- manage personal career plans and decision making using industry & workforce information and online resources.
- behave professionally and ethically, exhibit adaptability, initiative, self-awareness and self-management as needed.
- exhibit effective communication, collaboration, and leadership skills at work with consideration to workplace dynamics and social and diversity awareness.
- demonstrate critical and creative thinking skills as they apply to the workplace.

## Faculty

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### Julie Collier

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## Work Experience & Internship Program

FLC's Work Experience & Internship Program allows students to gain marketable skills and knowledge while earning college credit!

**WEXP & INTERNSHIP PROGRAM** ➤ ([/ACADEMICS/INTERNSHIPS-AND-CAREER-SERVICES/WORK-EXPERIENCE-AND-INTERNSHIP-PROGRAM](#))