

# Psychology

## Overview

---

Folsom Lake College's psychology program studies behavior and mental processes. Part of its appeal and fascination is the fact that it involves both pure science and the practical application of science to matters of everyday life. Those pursuing psychology as a field of study will find many career options centering around helping others understand, predict, and control or modify behavior.



## Career Options

- Administrator
- Behavior Analyst
- Childcare Worker
- Clinical/Counseling Psychologist
- College Professor
- Engineering Psychologist
- Health Psychologist
- Human Resources
- Human Services Specialist
- Industrial/Organizational Psychologist
- K-12 School/College Counselor
- Law Enforcement/Corrections
- Marketing Specialist
- Marriage and Family Therapist
- Neuropsychologist
- Personnel Analyst
- Probation Officer
- Psychiatric Tech/Aide
- Psychometrist
- Research Psychologist
- Social Services Counselor

- Training/Development Specialist
- Youth Supervisor

Many career options require more than two years of study.

## Highlights

- Exemplary faculty that includes authors and researchers
- Exceptional preparation for transfer to bachelor's program
- Psychology courses complement associate degrees and/or certifications in many other fields: administration of justice, anthropology, communication studies, corrections, early childhood education, human services, interdisciplinary studies, marketing/business, health/medicine, consumer affairs, and the military.

## Program Maps

[Liberal Arts and Social Sciences Undecided Major \(/flc/main/doc/instruction/program-maps/LASS-Uncecided-major.pdf\)](/flc/main/doc/instruction/program-maps/LASS-Uncecided-major.pdf)

[Psychology, A.A.-T Degree \(/flc/main/doc/instruction/program-maps/Psychology-AAT.pdf\)](/flc/main/doc/instruction/program-maps/Psychology-AAT.pdf)

[Psychology, A.A. Degree \(/flc/main/doc/instruction/program-maps/Psychology-AA.pdf\)](/flc/main/doc/instruction/program-maps/Psychology-AA.pdf)

[Interdisciplinary Studies: Social and Behavioral Sciences, A.A. Degree \(/flc/main/doc/instruction/program-maps/IS-Social-and-Behavioral-Science-AA.pdf\)](/flc/main/doc/instruction/program-maps/IS-Social-and-Behavioral-Science-AA.pdf)

Dean [Carlos Lopez \(/about-us/contact-us/faculty-and-staff-directory/carlos-lopez\)](/about-us/contact-us/faculty-and-staff-directory/carlos-lopez)  
 Department Chair [Danielle Beck \(/about-us/contact-us/faculty-and-staff-directory/dr-danielle-beck\)](/about-us/contact-us/faculty-and-staff-directory/dr-danielle-beck)  
 Meta-Major [Liberal Arts and Social Sciences \(/academics/meta-majors/liberal-arts-and-social-sciences\)](/academics/meta-majors/liberal-arts-and-social-sciences)  
 Phone (916) 361-6330  
 Email [lopezc@flc.losrios.edu](mailto:lopezc@flc.losrios.edu) (<mailto:lopezc@flc.losrios.edu>)

## Associate Degrees for Transfer

### A.A.-T. in Psychology

The Associate in Arts in Psychology for Transfer Degree program provides students with a major that fulfills the general requirements for transfer to the California State University. Students with this degree will receive priority admission with junior status to the California State University system. Students should work closely with their Folsom Lake College counselor to ensure that they are taking the appropriate coursework to prepare for majoring in Psychology at the institution they wish to transfer to because major and general education requirements may vary for each CSU and the degree may only transfer to specific institutions.

This program has the following completion requirements:

- (1) Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
  - (A) The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth Requirements.
  - (B) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
- (2) Obtainment of a minimum grade point average of 2.0.

ADTs also require that students must earn a C or better in all courses required for the major or area of emphasis.

Catalog Date: June 1, 2020

### Degree Requirements

| COURSE CODE                                     | COURSE TITLE  | UNITS |
|---|---|-------|
| PSYC 300  | General Principles                                  | 3     |
| PSYC 312  | Biological Psychology                               | 4     |
| PSYC 320  | Social Psychology                                   | 3     |
| PSYC 330  | Introductory Statistics for the Behavioral Sciences | 3     |
| PSYC 335  | Research Methods in Psychology                      | 3     |
| <b>A minimum of 3 units from the following:</b> |   | 3     |
| PSYC 340  | Abnormal Behavior (3)                               |       |
| PSYC 356  | Human Sexuality (3)                                 |       |
| PSYC 360  | Psychology of Women (3)                             |       |
| PSYC 368  | Cross Cultural Psychology (3)                       |       |
| PSYC 370  | Human Development: A Life Span (3)                  |       |
| PSYC 372  | Child Development (3)                               |       |
| or ECE 312                                      | Child Development (3)                               |       |

Total Units:

The Associate in Arts in Psychology for Transfer (AA-T) degree may be obtained by completion of 60 transferable, semester units with a minimum 2.0 GPA, including (a) the major or area of emphasis described in the Required Program, and (b) either the Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education-Breadth Requirements.

## Student Learning Outcomes

Upon completion of this program, the student will be able to:

- demonstrate familiarity with the major concepts and theoretical perspectives in psychology.
- evaluate the influence of biological and environmental factors on behavior and mental processes.
- apply psychological concepts and theories to personal and social issues.
- apply basic research methods to evaluate psychological issues.
- demonstrate the appropriate use and interpretation of various descriptive and inferential statistics relevant to psychology.

## Career Information

The Psychology degree is designed to facilitate students' successful transfer to four-year Psychology programs which prepare students for advanced study in a variety of graduate programs and for entry level positions in a variety of careers such as sales, marketing, teaching, and law enforcement. Psychologists with graduate degrees and professional certificates have a broad range of employment opportunities including, but not limited to, clinical practice, research, and teaching. Clinical psychologists work in a variety of settings and with a wide range of clients. Research psychologists work in a range of fields associated with the study of human behavior, including biomedical, sports psychology, and cognitive neuroscience.

## Associate Degrees

### A.A. in Interdisciplinary Studies: Social and Behavioral Sciences

The Interdisciplinary Studies degree is designed for students who wish a broad knowledge of arts and sciences plus additional coursework in a prescribed "Area of Emphasis". This program is a good choice for students planning on transferring to the California State University or University of California. The student will be able to satisfy general education requirements, plus focus on transferable coursework that relates to a specific major and/or individual interest. This degree will have an "Area of Emphasis" in Social and Behavioral Sciences. These courses emphasize the perspectives, concepts, theories, and methodologies of the disciplines typically found in the vast variety of disciplines that comprise study in the Social and Behavioral Sciences. Students will study about themselves and others as members of a larger society. Topics and discussions to stimulate critical thinking about ways people have acted in response to their societies will allow students to evaluate how societies and social subgroups operate. (Possible majors at a four-year institution include, but are not limited to: history, sociology, social studies, psychology, and family consumer science.)

It is highly recommended that students consult a counselor to determine the classes within each area that will best prepare them for their intended transfer major.

Catalog Date: June 1, 2020

### Degree Requirements

| COURSE CODE   | COURSE TITLE   | UNITS |
|---|--|-------|
| <b>A minimum of 18 units from the following:</b>      |  | 18    |
| Select courses from at least 3 different disciplines. |  |       |
| ADMJ 300  | Introduction to Administration of Justice (3)              |       |
| ADMJ 302  | Community Relations: Multicultural Issues (3)              |       |
| ADMJ 320  | Concepts of Criminal Law (3)                               |       |
| ANTH 310  | Cultural Anthropology (3)                                  |       |
| ANTH 319  | Visual Anthropology: Introduction to Ethnographic Film (3) |       |
| ANTH 320  | Introduction to Archaeology and World Prehistory (3)       |       |
| ANTH 323  | Introduction to Archaeology (3)                            |       |
| ANTH 330  | Magic, Witchcraft, and Religion (3)                        |       |
| ANTH 341  | Introduction to Linguistics (3)                            |       |
| BUS 320   | Concepts in Personal Finance (3)                           |       |
| BUS 330   | Managing Diversity in the Workplace (3)                    |       |
| BUS 340   | Business Law (3)   |       |
| BUS 345   | Law and Society (3)  |       |
| COMM 325  | Intercultural Communication (3)                            |       |
| COMM 341  | Organizational Communication (3)                           |       |
| COMM 351  | Mass Media and Society (3)                                 |       |
| COMM 363  | Introduction to Communication Theory (3)                   |       |
| ECON 302  | Principles of Macroeconomics (3)                           |       |
| ECON 304  | Principles of Microeconomics (3)                           |       |
| ECON 320  | Concepts in Personal Finance (3)                           |       |
| ECE 312   | Child Development (3)                                      |       |
| ECE 314   | The Child, the Family and the Community (3)                |       |
| ECE 330   | Infant and Toddler Development (3)                         |       |
| ECE 430   | Culture and Diversity in Early Childhood Education (3)     |       |
| GEOG 310  | Human Geography: Exploring Earth's Cultural Landscapes (3) |       |
| GEOG 322  | Geography of California (3)                                |       |
| HIST 307  | History of World Civilizations to 1500 (3)                 |       |

| COURSE CODE         | COURSE TITLE  | UNITS     |
|---------------------|---|-----------|
| HIST 308            | History of World Civilizations, 1500 to Present (3)           |           |
| HIST 310            | History of the United States (3)                              |           |
| HIST 311            | History of the United States (3)                              |           |
| HIST 314            | Recent United States History (3)                              |           |
| HIST 319            | American Environmental History (3)                            |           |
| HIST 331            | Women in American History (3)                                 |           |
| HIST 344            | Survey of California History: A Multicultural Perspective (3) |           |
| HIST 368            | History of France (3)   |           |
| JOUR 310            | Mass Media and Society (3)                                    |           |
| NUTRI 310           | Cultural Foods of the World (3)                               |           |
| POLS 301            | Introduction to Government: United States (3)                 |           |
| POLS 302            | Comparative Politics (3)                                      |           |
| POLS 310            | Introduction to International Relations (3)                   |           |
| POLS 320            | Introduction to Political Theory (3)                          |           |
| PSYC 300            | General Principles (3)  |           |
| PSYC 312            | Biological Psychology (4)                                     |           |
| PSYC 320            | Social Psychology (3)   |           |
| PSYC 335            | Research Methods in Psychology (3)                            |           |
| PSYC 340            | Abnormal Behavior (3)   |           |
| PSYC 356            | Human Sexuality (3)   |           |
| PSYC 368            | Cross Cultural Psychology (3)                                 |           |
| PSYC 370            | Human Development: A Life Span (3)                            |           |
| PSYC 372            | Child Development (3)   |           |
| SOC 300             | Introductory Sociology (3)                                    |           |
| SOC 301             | Social Problems (3)   |           |
| SOC 310             | Marriage and the Family (3)                                   |           |
| SOC 321             | Race, Ethnicity and Inequality in the United States (3)       |           |
| SOC 341             | Sex and Gender in the U.S. (3)                                |           |
| SOC 379             | Making Social Change (3)                                      |           |
| SWHS 331            | Cross Cultural Psychology (3)                                 |           |
| <b>Total Units:</b> |   | <b>18</b> |

*The Interdisciplinary Studies: Social and Behavioral Sciences Associate in Arts (A.A.) degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See FLC graduation requirements.*

## Student Learning Outcomes

Upon completion of this program, the student will be able to:

- evaluate how societies and social subgroups operate (Social and Behavioral Sciences).

## A.A. in Psychology

The psychology degree is designed to facilitate students' successful transfer to BA programs, completion of which, prepares them for advanced study in a variety of graduate programs. Psychologists with graduate degrees and professional certificates have a broad range of employment opportunities including, but not limited to, clinical practice, research, and teaching. Clinical psychologists work in a variety of settings and with a wide range of clients. Research psychologists work in a range of fields associated with the study of human behavior, including biomedical, sports psychology, and cognitive neuroscience.

**Catalog Date:** June 1, 2020

## Degree Requirements

| COURSE CODE                                     | COURSE TITLE  | UNITS    |
|---|---|----------|
| PSYC 300  | General Principles                                  | 3        |
| PSYC 312  | Biological Psychology                               | 4        |
| PSYC 320  | Social Psychology                                   | 3        |
| PSYC 330  | Introductory Statistics for the Behavioral Sciences | 3        |
| PSYC 335  | Research Methods in Psychology                      | 3        |
| <b>A minimum of 3 units from the following:</b> |   | <b>3</b> |
| PSYC 340  | Abnormal Behavior (3)                               |          |
| PSYC 356  | Human Sexuality (3)                                 |          |
| PSYC 360  | Psychology of Women (3)                             |          |
| PSYC 368  | Cross Cultural Psychology (3)                       |          |
| PSYC 370  | Human Development: A Life Span (3)                  |          |
| ECE 312   | Child Development (3)                               |          |
| or PSYC 372                                     | Child Development (3)                               |          |
| PSYC 495  | Independent Studies in Psychology (1 - 3)           |          |

| COURSE CODE         | COURSE TITLE                                  | UNITS     |
|---------------------|---|-----------|
| PSYC 499            | Experimental Offering in Psychology (0.5 - 4) |           |
| <b>Total Units:</b> |   | <b>19</b> |

The *Psychology Associate in Arts (A.A.) degree* may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See FLC graduation requirements.

## Student Learning Outcomes

Upon completion of this program, the student will be able to:

- demonstrate familiarity with the major concepts and theoretical perspectives in psychology.
- evaluate the influence of biological and environmental factors on behavior and mental processes.
- apply psychological concepts and theories to personal and social issues.
- apply basic research methods to evaluate psychological issues.
- demonstrate the appropriate use and interpretation of various descriptive and inferential statistics relevant to psychology.

## Psychology (PSYC) Courses

### PSYC 10 Support for Introductory Statistics for the Behavioral Sciences

|                      |              |
|----------------------|--------------|
| <b>Units:</b>        | 2            |
| <b>Hours:</b>        | 36 hours LEC |
| <b>Prerequisite:</b> | None.        |
| <b>Corequisite:</b>  | PSYC 330     |
| <b>Catalog Date:</b> | June 1, 2020 |

This course provides intensive instruction and practice in the core skills, competencies, and concepts necessary for success in PSYC 330, Introductory Statistics for the Behavioral Sciences. You must be enrolled in the corresponding section of PSYC 330 while taking this course. Topics and homework assignments are connected to the assignments in PSYC 330. Students will be expected to use technology for data analysis including a scientific calculator and SPSS. This class is graded on a pass/no pass basis and does not meet math competency.

#### Student Learning Outcomes

Upon completion of this course, the student will be able to:

- apply appropriate learning strategies and study habits to improve understanding and performance of the material in PSYC 330.
- demonstrate relevant arithmetic, algebraic, and geometric skills in the context of statistics.
- use problem solving techniques in the context of data analysis and statistical methods.

### PSYC 300 General Principles

|                           |   |
|---------------------------|---|
| <b>Units:</b>             | 3   |
| <b>Hours:</b>             | 54 hours LEC                              |
| <b>Prerequisite:</b>      | None.                                     |
| <b>Transferable:</b>      | CSU; UC                                   |
| <b>General Education:</b> | AA/AS Area V(b); CSU Area D; IGETC Area 4 |
| <b>C-ID:</b>              | C-ID PSY 110                              |
| <b>Catalog Date:</b>      | June 1, 2020                              |

Psychology is the scientific study of behavior and mental processes. The content focuses on the exploration of major psychological theories and concepts, methods, and research findings in psychology. Topics include the biological bases of behavior, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology. This course is designed for psychology majors, behavioral and social science majors, and other students who desire a broad overview of the field.

#### Student Learning Outcomes

Upon completion of this course, the student will be able to:

- identify various subject areas and theoretical perspectives in psychology.
- evaluate the influence of biological, psychological, and social-cultural factors on behavior and mental processes.
- apply psychological concepts, theories, and research findings to personal and social contexts.

### PSYC 312 Biological Psychology

|                           |   |
|---------------------------|---|
| <b>Units:</b>             | 4   |
| <b>Hours:</b>             | 54 hours LEC; 54 hours LAB  |
| <b>Prerequisite:</b>      | PSYC 300 with a grade of "C" or better  |
| <b>Transferable:</b>      | CSU; UC   |
| <b>General Education:</b> | AA/AS Area IV; CSU Area B2; CSU Area B3; CSU Area D; IGETC Area 5B; IGETC Area 5C |

C-ID: C-ID PSY 150  
Catalog Date: June 1, 2020

This course will focus on how the brain produces thought and behavior. It will explore the physiological, biochemical, genetic, and evolutionary mechanisms underlying fundamental human capacities such as sensory perception, movement, sleep, dreaming, emotion, motivation, memory and language. Students will explore the broader ethical and societal implications of recent advances in neuroscience, as well as the variety of research methods used to achieve these advances. Students will dissect brains and other nervous tissue and record psychophysiological signals to provide a deeper understanding of nervous system anatomy and physiology. This is a basic course for psychology, biological science and allied health majors.

## Student Learning Outcomes

Upon completion of this course, the student will be able to:

- identify key brain structures involved in central elements of cognition and behavior such as sensory perception, movement, regulation of sleep, emotions, motivation, memory and language.
- relate behavior and mental processes to physiological, biochemical, genetic, and evolutionary mechanisms.
- analyze changes in human cognition and behavior in terms of the development, plasticity, and pathology of the nervous system.
- understand the strengths and limitations of neuroscience research methods and evaluate the broader implications of recent research advances.

## PSYC 320 Social Psychology

Units: 3  
Hours: 54 hours LEC  
Prerequisite: None.  
Transferable: CSU; UC  
General Education: AA/AS Area V(b); CSU Area D; IGETC Area 4  
C-ID: C-ID PSY 170  
Catalog Date: June 1, 2020

This course focuses on the scientific study of human interaction, with an emphasis on the individual within a social context. Study includes: social perception, social cognition, attitudes and attitude change, the self and social identity, prejudice, interpersonal attraction, close relationships, social influence, prosocial behavior, aggression, and group behavior.

## Student Learning Outcomes

Upon completion of this course, the student will be able to:

- explain key concepts, theories, and research findings in social psychology.
- compare and contrast concepts and theories across social psychology.
- apply social psychological research and theories to explain social issues.
- explain how key social psychological concepts were developed from a scientific approach.
- identify social, biological, and cultural influences on behavior.

## PSYC 330 Introductory Statistics for the Behavioral Sciences

Units: 3  
Hours: 54 hours LEC  
Prerequisite: MATH 120 (Intermediate Algebra) or 125 (Intermediate Algebra with Applications) with a grade of "C" or better, or placement through the assessment process.  
Transferable: CSU; UC (UC credit limitation: 330 and STAT 300 combined: maximum credit, one course)  
General Education: AA/AS Area II(b); CSU Area B4; IGETC Area 2  
C-ID: C-ID SOCI 125  
Catalog Date: June 1, 2020

This course focuses upon the concepts and applications of descriptive and inferential statistics in psychology and other behavioral sciences. Topics include: descriptive statistics; probability and sampling distributions; parametric and nonparametric statistical methods, hypothesis testing, statistical inference and power; correlation and regression; chi-square; t-tests; and analysis of variance procedures. Application of both hand-computation and statistical software to data in a social science context will be emphasized to include the interpretation of the relevance of the statistical findings.

## Student Learning Outcomes

Upon completion of this course, the student will be able to:

- describe the standard methods of obtaining data and describe the advantages and disadvantages of each.
- interpret data displayed in tables and graphs.
- calculate and interpret the following: measures of central tendency and variability (mean, median, mode, range, variance, standard deviation), measures of relative standing, probability (for both normal and t-distributions), sample space, one-sample z-test, one-sample t-test, independent samples t-test, correlated groups t-test, analysis of variance, correlation, regression, chi-square test of independence, and chi-square goodness of fit, confidence intervals, p-values.
- describe the role the following concepts play in hypothesis testing: sample versus population distributions, Central Limit Theorem, null and alternative hypotheses, statistical significance, Type I and Type II errors, power, alpha, directional versus non-directional tests.
- identify when to use the following tests and formulate the correct null and alternative hypothesis for each test: one-sample z-test, one-sample t-test, independent groups t-test, correlated groups t-test, one-way between subjects ANOVA, Pearson's correlation, simple linear regression, chi-square test of independence, and chi-square goodness of fit.
- use SPSS (Statistical Package for the Social Sciences) to analyze data from social science, psychology, health science, and education and interpret the output.

## PSYC 335 Research Methods in Psychology

|                           |   |
|---------------------------|---|
| <b>Units:</b>             | 3   |
| <b>Hours:</b>             | 54 hours LEC                                  |
| <b>Prerequisite:</b>      | PSYC 300 and 330 with grades of "C" or better |
| <b>Transferable:</b>      | CSU; UC                                       |
| <b>General Education:</b> | AA/AS Area II(b); CSU Area D                  |
| <b>C-ID:</b>              | C-ID PSY 200                                  |
| <b>Catalog Date:</b>      | June 1, 2020                                  |

This course introduces students to the basic principles and methods of conducting psychological research. The course is designed to expose students to the different experimental and non-experimental research methods used by psychologists to study human behavior and thought processes. In this course, students will engage in each step of the research process including developing a hypothesis, conducting a literature review, designing a study, collecting data, analyzing data, and writing up and presenting the results.

## Student Learning Outcomes

Upon completion of this course, the student will be able to:

- evaluate the strengths and weaknesses of the different research methods used by psychologists.
- evaluate the appropriateness of conclusions derived from psychological research and the generalizability of research findings.
- describe the ethical treatment of participants.
- design and conduct basic studies to address psychological questions using appropriate research methods.
- demonstrate proficiency in APA style.

## PSYC 340 Abnormal Behavior

|                           |   |
|---------------------------|---|
| <b>Units:</b>             | 3   |
| <b>Hours:</b>             | 54 hours LEC  |
| <b>Prerequisite:</b>      | None.   |
| <b>Transferable:</b>      | CSU; UC   |
| <b>General Education:</b> | AA/AS Area V(b); AA/AS Area III(b) (effective Summer 2020); CSU Area D; CSU Area E1; IGETC Area 4 |
| <b>C-ID:</b>              | C-ID PSY 120  |
| <b>Catalog Date:</b>      | June 1, 2020  |

This course is an exploration of the broad questions of normality and abnormality. It includes an investigation of specific mental, emotional, and behavioral difficulties as viewed from the biological, psychoanalytic, behavioral, cognitive, humanistic and socio-cultural perspectives. Current approaches to psychological assessment and treatment modalities will be covered, including current community mental health practices. Students will learn research methodology in psychopathology including descriptive, epidemiological, experimental, and single-subject approaches.

## Student Learning Outcomes

Upon completion of this course, the student will be able to:

- identify, describe, and discuss various aspects of normal and abnormal behavior, including specific mental, emotional, and behavioral difficulties.
- demonstrate an understanding of clinical ethics and psychological research including research methodology in psychopathology including descriptive, epidemiological, experimental and single-subject approach research designs.
- analyze, evaluate and categorize the impact of specific stereotypes and prejudices that surround people experiencing severe problems in adaptive behavior.
- identify, review and critique the current approaches to psychological intervention including current community mental health practices.
- evaluate and understand the contribution of biological, psychological and socio-cultural factors that contribute to the development and persistence of psychological disorders.

## PSYC 356 Human Sexuality

|                           |  |
|---------------------------|--|
| <b>Units:</b>             | 3  |
| <b>Hours:</b>             | 54 hours LEC   |
| <b>Prerequisite:</b>      | None.  |
| <b>Transferable:</b>      | CSU; UC  |
| <b>General Education:</b> | AA/AS Area V(b); AA/AS Area III(b); AA/AS Area VI; CSU Area D; CSU Area E1; IGETC Area 4 |
| <b>C-ID:</b>              | C-ID PSY 130   |
| <b>Catalog Date:</b>      | June 1, 2020   |

This course offers a balanced scientific understanding of the biopsychosocial perspective on human sexual behavior from birth through adulthood. The course provides factual, up-to-date nonjudgmental information designed to dispel myths, facilitate problem identification and possible solutions. The course explores the impact of cultural influences on human sexual behaviors of different ethnic groups. A survey of the historical, biological, psychological and sociocultural perspectives and aspects of the diversity of human sexual behavior is compared and contrasted. Topics include sexual anatomy and physiology, conception and childbirth, contraception, sexual development, variations and deviations, sex research, sexually transmitted diseases, sex therapy, intimacy and relationships, and sexual victimization.

## Student Learning Outcomes

Upon completion of this course, the student will be able to:

- demonstrate knowledge of the scientific method as it relates to key research findings pertaining to the diversity of human sexual behaviors.
- compare and contrast biological, psychological and cultural similarities and diversity in human sexual behavior.
- examine, analyze, and compare the diverse experiences that influence human sexual behaviors with particular emphasis on historical and cultural practices of human sexual behaviors.
- examine, analyze, and contrast the factors that influence diverse human sexual behaviors including causes and the evaluation of possible solutions to multiple ethnocentric problems.

# PSYC 360 Psychology of Women

|                           |  |
|---------------------------|--|
| <b>Units:</b>             | 3  |
| <b>Hours:</b>             | 54 hours LEC                                 |
| <b>Prerequisite:</b>      | None.  |
| <b>Transferable:</b>      | CSU; UC                                      |
| <b>General Education:</b> | AA/AS Area III(b); CSU Area E1; IGETC Area 4 |
| <b>Catalog Date:</b>      | June 1, 2020                                 |

This course examines the human development process as it relates to women with an emphasis on the understanding of the specific female experiences in adolescence, adulthood and old age. Course topics include an examination of relevant research methods, theoretical perspectives, gender comparisons, gender stereotypes, the specific experiences of women of color, women across the lifespan, female sexuality, reproductive processes, physical and mental health, achievement of women, work by women and violence toward women. A major component of this course emphasizes a comprehensive understanding of the specific experiences women have in our society and throughout the world.

## Student Learning Outcomes

Upon completion of this course, the student will be able to:

- compare and contrast the major theoretical perspectives as they pertain to the psychology of women.
- demonstrate knowledge of the human development process as it relates to women with an emphasis on the understanding of the specific female experiences in adolescence, adulthood and old age.
- evaluate and demonstrate an understanding of the individual, social and cross-cultural factors that impact the female experiences, feelings, thoughts and behaviors in all aspects of life as children, mothers, partners, workers, etc.
- identify and explain the processes and outcomes involved in female sexual and reproductive behavior and the development of sexual orientation and sexual identity along with factors related to exploitation and victimization of women.

# PSYC 368 Cross Cultural Psychology

|                           |   |
|---------------------------|---|
| <b>Same As:</b>           | SWHS 331  |
| <b>Units:</b>             | 3   |
| <b>Hours:</b>             | 54 hours LEC  |
| <b>Prerequisite:</b>      | None.   |
| <b>Advisory:</b>          | PSYC 300  |
| <b>Transferable:</b>      | CSU; UC   |
| <b>General Education:</b> | AA/AS Area V(b); AA/AS Area III(b); AA/AS Area VI; CSU Area D; IGETC Area 4 |
| <b>Catalog Date:</b>      | June 1, 2020  |

This course explores the impact of cultural influences on the psychological and individual development of ethnic group members. Emphasis will be placed on integrating traditional theoretical approaches and current cross-cultural statistical research and theory in the study of African-Americans, Asian Americans, Hispanic Americans, Native Americans, gays & lesbians, the elderly, and the disabled. This course is not open to those who have completed SWHS 331.

## Student Learning Outcomes

Upon completion of this course, the student will be able to:

- define culture; ethnic group demographics; family and gender roles; collectivism and individualism; research methodologies; identity formation and ethnicity, stereotypes, prejudice and discrimination; cognition and intelligence; language, bilingualism and non-verbal communication; psychosocial stressors; and behavior disorders.
- recognize, understand and analyze psychological issues related to individual and institutionalized ethnocentrism, stereotyping, and prejudice, including recognizing one's own ethnocentrism, stereotypes and prejudice.
- demonstrate an understanding of, describe, and critically analyze the research on the impact of culture and minority status on basic psychological processes.
- compare and contrast research biases in the study of individuals from diverse populations.

# PSYC 370 Human Development: A Life Span

|                           |   |
|---------------------------|---|
| <b>Units:</b>             | 3   |
| <b>Hours:</b>             | 54 hours LEC  |
| <b>Prerequisite:</b>      | None.   |
| <b>Advisory:</b>          | ENGWR 300 with a grade of "C" or better   |
| <b>Transferable:</b>      | CSU; UC (ECE 312, FCS 324, PSYC 370 and PSYC 372: maximum credit, two courses ) |
| <b>General Education:</b> | AA/AS Area V(b); AA/AS Area III(b); CSU Area D; CSU Area E1; IGETC Area 4       |
| <b>C-ID:</b>              | C-ID PSY 180  |
| <b>Catalog Date:</b>      | June 1, 2020  |

This course provides an overview of human development across the lifespan, from conception through death. Students will be introduced to theoretical and practical applications of developmental principles from the physical, cognitive, and social-emotional domains. Included in these broad developmental areas are topics such as temperament, attachment, learning, self-esteem, gender and sexuality, family and peer influences, parenting, work and achievement, and death and bereavement. This course should help you apply knowledge about human development to your life, caregiving, and careers in psychology, education, nursing, medicine, and social work. This course is not open to those who have previously completed FCS 324.

## Student Learning Outcomes

Upon completion of this course, the student will be able to:



- examine the physical, cognitive, and social-emotional factors that influence development throughout the lifespan.
- compare and contrast different theoretical perspectives used in explaining human development and behavior
- identify and describe methodological approaches to studying human development.
- identify developmental factors that are influenced by heredity and environment including factors that lead to atypical and delayed development.
- demonstrate the application of principles and theories of developmental psychology to personal, interpersonal, occupational, and/or social contexts.

## PSYC 372 Child Development

|                    |   |
|--------------------|---|
| Same As:           | ECE 312   |
| Units:             | 3   |
| Hours:             | 54 hours LEC  |
| Prerequisite:      | None.   |
| Advisory:          | ENGWR 101 or 103; or ESLL 310, ESLR 320, and ESLW 320.                          |
| Transferable:      | CSU; UC (ECE 312, FCS 324, PSYC 370 and PSYC 372: maximum credit, two courses ) |
| General Education: | AA/AS Area V(b); AA/AS Area III(b); CSU Area D; CSU Area E1; IGETC Area 4       |
| C-ID:              | C-ID CDEV 100   |
| Catalog Date:      | June 1, 2020  |

This course will examine the physical, cognitive, social and emotional development of the child from the prenatal period through adolescence. Scientific findings and theoretical insights from a range of disciplines will inform an integrated examination of development during the childhood years. This course is designed to fulfill general education, Psychology degree, and Early Childhood Education requirements. This course is not open to those who have previously taken ECE 312.

## Student Learning Outcomes

Upon completion of this course, the student will be able to:

- analyze developmental stages and growth processes across the domains of development, from the prenatal period through adolescence.
- evaluate individual growth processes and the influence of genes and the environment on the growth and development of children.
- compare and contrast different theoretical perspectives used in the study of child development.
- integrate developmental theories to real life situations with children.
- compare and contrast individual differences among children.
- differentiate typical and atypical behavior of children.
- analyze the influence of the cultural and familial contexts on the developing child.
- identify and demonstrate an understanding of the scientific method in the study of child development.

## PSYC 495 Independent Studies in Psychology

|               |                    |
|---------------|--------------------|
| Units:        | 1 - 3              |
| Hours:        | 54 - 162 hours LAB |
| Prerequisite: | None.              |
| Transferable: | CSU                |
| Catalog Date: | June 1, 2020       |

## PSYC 499 Experimental Offering in Psychology

|               |              |
|---------------|--------------|
| Units:        | 0.5 - 4      |
| Prerequisite: | None.        |
| Transferable: | CSU          |
| Catalog Date: | June 1, 2020 |

## Faculty

### Dr. Christina Aldrich

Professor

|         |  |
|---------|--|
| Office: | FLC Main, Dogwood Hall, FL4-229  |
| Email:  | <a href="mailto:aldricc@flc.losrios.edu">aldricc@flc.losrios.edu</a> ( <a href="mailto:aldricc@flc.losrios.edu">mailto:aldricc@flc.losrios.edu</a> ) |
| Phone:  | (916) 608-6951   |
| Web:    | <a href="#">Dr. Christina Aldrich's Profile Page (/about-us/contact-us/faculty-and-staff-directory/dr-christina-aldrich)</a>                         |

### Kym Andrews-Cardoza

Adjunct Professor

|         |  |
|---------|--|
| Office: | FLC Main   |
| Email:  | <a href="mailto:andrewk@flc.losrios.edu">andrewk@flc.losrios.edu</a> ( <a href="mailto:andrewk@flc.losrios.edu">mailto:andrewk@flc.losrios.edu</a> ) |
| Web:    | <a href="#">Kym Andrews-Cardoza's Profile Page (/about-us/contact-us/faculty-and-staff-directory/kym-andrews-cardoza)</a>                            |

### Dr. Danielle Beck

Assistant Professor

|         |  |
|---------|--|
| Office: | FLC Main, Aspen Hall, FL1-140  |
| Email:  | <a href="mailto:beckd@flc.losrios.edu">beckd@flc.losrios.edu</a> ( <a href="mailto:beckd@flc.losrios.edu">mailto:beckd@flc.losrios.edu</a> ) |
| Phone:  | (916) 608-6604   |

### Bryan Cone

Adjunct Professor

|         |  |
|---------|--|
| Office: | FLC Main   |
| Email:  | <a href="mailto:coneb@flc.losrios.edu">coneb@flc.losrios.edu</a> ( <a href="mailto:coneb@flc.losrios.edu">mailto:coneb@flc.losrios.edu</a> ) |

**Web:** [Dr. Danielle Beck's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/dr-danielle-beck\)](#)

**Web:** [Bryan Cone's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/bryan-cone\)](#)

## Dr. Sean Fannon

Professor

**Office:** FLC Main, Dogwood Hall, FL4-226  
**Email:** [fannons@flc.losrios.edu \(mailto:fannons@flc.losrios.edu\)](mailto:fannons@flc.losrios.edu)  
**Phone:** (916) 608-6755  
**Web:** [Dr. Sean Fannon's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/dr-sean-fannon\)](#)

## Elizabeth Ferry-Perata

Adjunct Professor

**Office:** FLC Main  
**Email:** [ferry-e@flc.losrios.edu \(mailto:ferry-e@flc.losrios.edu\)](mailto:ferry-e@flc.losrios.edu)  
**Web:** [Elizabeth Ferry-Perata's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/elizabeth-ferry-perata\)](#)

## Jennifer Kraemer

Professor

**Office:** FLC Main, Aspen Hall, FL1-146  
**Email:** [kraemej@flc.losrios.edu \(mailto:kraemej@flc.losrios.edu\)](mailto:kraemej@flc.losrios.edu)  
**Phone:** (916) 608-6685  
**Web:** [Jennifer Kraemer's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/jennifer-kraemer\)](#)

## Blair Lynch

Adjunct Professor

**Office:** FLC Main  
**Email:** [lynchb@flc.losrios.edu \(mailto:lynchb@flc.losrios.edu\)](mailto:lynchb@flc.losrios.edu)  
**Web:** [Blair Lynch's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/blair-lynch\)](#)

## Nicole Mendoza

Adjunct Professor

**Office:** FLC Main  
**Email:** [mendozn@flc.losrios.edu \(mailto:mendozn@flc.losrios.edu\)](mailto:mendozn@flc.losrios.edu)  
**Web:** [Nicole Mendoza's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/nicole-mendoza\)](#)

## Jennifer Morris

Adjunct Professor

**Office:** FLC Main  
**Email:** [morrisj2@flc.losrios.edu \(mailto:morrisj2@flc.losrios.edu\)](mailto:morrisj2@flc.losrios.edu)  
**Web:** [Jennifer Morris's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/jennifer-morris\)](#)

## Terry Patten Armbrust

Adjunct Professor

**Office:** FLC Main  
**Email:** [pattene@flc.losrios.edu \(mailto:pattene@flc.losrios.edu\)](mailto:pattene@flc.losrios.edu)  
**Web:** [Terry Patten Armbrust's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/terry-patten-armbrust\)](#)

## Julie Rodriguez

Adjunct Professor

**Office:** FLC Main  
**Email:** [rodrigi@flc.losrios.edu \(mailto:rodrigi@flc.losrios.edu\)](mailto:rodrigi@flc.losrios.edu)  
**Web:** [Julie Rodriguez's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/julie-rodriguez\)](#)

## Camille Snow

Adjunct Counselor

**Office:** FLC Main  
**Email:** [snowc@flc.losrios.edu \(mailto:snowc@flc.losrios.edu\)](mailto:snowc@flc.losrios.edu)  
**Web:** [Camille Snow's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/camille-snow\)](#)

## Rachael Stieferman

Adjunct Professor

**Email:** [stiefer@flc.losrios.edu \(mailto:stiefer@flc.losrios.edu\)](mailto:stiefer@flc.losrios.edu)  
**Web:** [Rachael Stieferman's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/rachael-stieferman\)](#)

## Brandon Youngblood

Adjunct Professor

**Office:** FLC Main  
**Email:** [youngbb@scc.losrios.edu \(mailto:youngbb@scc.losrios.edu\)](mailto:youngbb@scc.losrios.edu)  
**Web:** [Brandon Youngblood's Profile Page \(/about-us/contact-us/faculty-and-staff-directory/brandon-youngblood\)](#)

## Liberal Arts and Social Sciences

[\(/academics/meta-majors\)](#)

This program is part of the Liberal Arts and Social Sciences meta-major.

**LEARN MORE >** [\(/ACADEMICS/META-MAJORS\)](#)

