Social Work/Human Services

Overview

The Folsom Lake College social work/human services program prepares students for employment as an associate professional and for transfer to four-year colleges and universities to continue their studies in psychology and social work. Courses in the social work/human services program may also be applicable foundation courses for further study toward licensure as marriage and family therapists, social workers, and psychologists.

All courses in the human services program are CSU transferrable and may fulfill lower-division requirements for a bachelor’s degree in psychology. Coursework emphasizes performance-based training in client screening, intake, assessment, orientation, individual counseling, group counseling, consultation, client’s rights, confidentiality, crisis intervention, client education, professional ethics, reports, and record keeping.

If you are interested in transferring to a four-year college or university to pursue a bachelor’s degree in social work/human services, you should meet with a counselor to select and plan the courses for your major as transfer institutions vary widely in the courses required for undergraduate preparation.

Career Options

- Conflict Containment Worker
- Consumer Consultant
- Drug and Alcoholism Program Worker
- Family, Welfare, and Health Agencies Worker
- Mental Health Department Placement/Intake Worker
- Ombudsman Program Worker
- Peer Support Group Facilitator
- Probation Department Placement/Intake Worker
- Welfare Department Placement/Eligibility Worker
- Youth Group Home Worker

Highlights

- Individual and group counseling practice
- Tours of human services agencies
Interviews with potential employers
Employment training, including resume development and interview practice

Program Maps

Liberal Arts and Social Sciences Undecided Major (/flc/main/doc/instruction/program-maps/LASS-Undecided-major.pdf)
Public Service, Health, and Education Undecided Major (/flc/main/doc/instruction/program-maps/Public-service-undecided-major.pdf)
Social Work & Human Services, General, A.A. Degree (/flc/main/doc/instruction/program-maps/Social-Work-Human-Services-General-AA.pdf)

Associate Degrees for Transfer

A.A.-T. in Social Work & Human Services

The Associate in Arts in Social Work and Human Services for Transfer degree program provides students with a major that fulfills the general requirements of the California State University for transfer. Students with this degree will receive priority admission with junior status to the California State University system. Students interested in transferring to a CSU campus to pursue a bachelor’s degree in Social Work and Human Services should meet with a counselor to confirm the courses required for lower-division preparation in the major.

This program has the following completion requirements:

1. Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
   A. The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth Requirements.
   B. A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
2. Obtainment of a minimum grade point average of 2.0.

Associate Degrees for Transfer also require that students must earn a C or better in all courses required for the major or area of emphasis. A "P" (Pass) grade is also an acceptable grade for courses in the major if the course is taken on a Pass/No Pass basis.

Catalog Date: June 1, 2020

Degree Requirements

<table>
<thead>
<tr>
<th>COURSE CODE</th>
<th>COURSE TITLE</th>
<th>UNITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 300</td>
<td>The Foundations of Biology (3)</td>
<td>3 - 4</td>
</tr>
<tr>
<td>or BIOL 307</td>
<td>Biology of Organisms (4)</td>
<td></td>
</tr>
<tr>
<td>or BIOL 310</td>
<td>General Biology (4)</td>
<td></td>
</tr>
<tr>
<td>ECON 302</td>
<td>Principles of Macroeconomics (3)</td>
<td>3</td>
</tr>
<tr>
<td>or ECON 304</td>
<td>Principles of Microeconomics (3)</td>
<td></td>
</tr>
<tr>
<td>PSYC 300</td>
<td>General Principles</td>
<td>3</td>
</tr>
<tr>
<td>SOC 300</td>
<td>Introductory Sociology</td>
<td>3</td>
</tr>
<tr>
<td>STAT 300</td>
<td>Introduction to Probability and Statistics (4)</td>
<td>3 - 4</td>
</tr>
<tr>
<td>or PSYC 330</td>
<td>Introductory Statistics for the Behavioral Sciences (3)</td>
<td></td>
</tr>
<tr>
<td>SWHS 300</td>
<td>Introduction to Human Services</td>
<td>3</td>
</tr>
<tr>
<td>SWHS 366</td>
<td>Practices in Human Services</td>
<td>3</td>
</tr>
<tr>
<td>A minimum of 6 units from the following:</td>
<td></td>
<td>6</td>
</tr>
<tr>
<td>ADMJ 300</td>
<td>Introduction to Administration of Justice (3)</td>
<td></td>
</tr>
<tr>
<td>ADMJ 320</td>
<td>Concepts of Criminal Law (3)</td>
<td></td>
</tr>
<tr>
<td>ANTH 310</td>
<td>Cultural Anthropology (3)</td>
<td></td>
</tr>
<tr>
<td>COMM 325</td>
<td>Intercultural Communication (3)</td>
<td></td>
</tr>
<tr>
<td>ENGW 302</td>
<td>Advanced Composition and Critical Thinking (3)</td>
<td></td>
</tr>
<tr>
<td>ECE 314</td>
<td>The Child, the Family and the Community (3)</td>
<td></td>
</tr>
<tr>
<td>HIST 310</td>
<td>History of the United States (3)</td>
<td></td>
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<tr>
<td>HIST 311</td>
<td>History of the United States (3)</td>
<td></td>
</tr>
<tr>
<td>PSYC 340</td>
<td>Abnormal Behavior (3)</td>
<td></td>
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</table>
### Course Codes and Titles

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 370</td>
<td>Human Development: A Life Span (3)</td>
</tr>
<tr>
<td>PSYC 372</td>
<td>Child Development (3)</td>
</tr>
<tr>
<td>or ECE 312</td>
<td>Child Development (3)</td>
</tr>
<tr>
<td>SOC 301</td>
<td>Social Problems (3)</td>
</tr>
<tr>
<td>SOC 321</td>
<td>Race, Ethnicity and Inequality in the United States (3)</td>
</tr>
</tbody>
</table>

Total Units: 27 - 29

The Associate in Arts in Social Work & Human Services for Transfer (AA-T) degree may be obtained by completion of 60 transferable, semester units with a minimum 2.0 GPA, including (a) the major or area of emphasis described in the Required Program, and (b) either the Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education-Breadth Requirements.

### Student Learning Outcomes

Upon completion of this program, the student will be able to:

- define the functions of social service delivery systems.
- analyze public policy issues, complexities and controversies affecting social service agencies and their clients.
- integrate different theoretical approaches in working with clients.
- identify the community resources used in assisting clients.
- appraise and apply the knowledge of existing California professional codes of ethics for the helping professions.
- describe the application of clients' rights in the social service delivery system.
- evaluate one's own values and attitudes as they apply to ethical decision making.
- demonstrate effective individual and group setting interpersonal and social skills in interactions with a demographically diverse population.

### Career Information

The Social Work & Human Services degree is designed to facilitate students' successful transition to four-year Social Work programs which prepare students for advanced studies in a variety of graduate programs and for entry level positions in a variety of social service settings. Social Workers with graduate degrees and professional licensure have a broad range of employment opportunities, including, but not limited to, clinical practice, community organizing, policy, advocacy, research, and teaching. Social Workers work in a variety of settings and with a wide range of clients.

### Associate Degrees

#### A.A. in Social Work/Human Services, General

The A.A. degree program in Human Services provides performance-based training for both associate level employment and transfer preparation. This degree provides training for Psychology and Social Work majors towards Marriage Family Therapists, Social Workers, and Psychologists. All courses within this curriculum are transferable to CSU four-year degree programs. Coursework includes performance-based training in client screening, intake, assessment, orientation, individual counseling, group counseling, consultation, client's rights, confidentiality, crisis intervention, client education, professional ethics, reports and record keeping.

**Catalog Date:** June 1, 2020

### Degree Requirements

<table>
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<tr>
<th>Course Code</th>
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<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 300</td>
<td>General Principles</td>
<td>3</td>
</tr>
<tr>
<td>SWHS 300</td>
<td>Introduction to Human Services</td>
<td>3</td>
</tr>
<tr>
<td>SWHS 302</td>
<td>Introduction to Psychology of Human Relations</td>
<td>3</td>
</tr>
<tr>
<td>SWHS 331</td>
<td>Cross Cultural Psychology (3)</td>
<td>3</td>
</tr>
<tr>
<td>or PSYC 368</td>
<td>Cross Cultural Psychology (3)</td>
<td></td>
</tr>
<tr>
<td>SWHS 350</td>
<td>Ethical Issues in Social Work/Human Services</td>
<td>3</td>
</tr>
<tr>
<td>SWHS 360</td>
<td>Techniques of Interviewing and Counseling</td>
<td>3</td>
</tr>
<tr>
<td>SWHS 365</td>
<td>Techniques of Group Counseling (3)</td>
<td>3</td>
</tr>
<tr>
<td>SWHS 366</td>
<td>Practices in Human Services</td>
<td>3</td>
</tr>
<tr>
<td>SWHS 367</td>
<td>Advanced Practices in Human Services</td>
<td>3</td>
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</table>

A minimum of 6 units from the following:

<table>
<thead>
<tr>
<th>Course Code</th>
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</thead>
<tbody>
<tr>
<td>GERON 300</td>
<td>Sociology of Aging (3)</td>
<td></td>
</tr>
<tr>
<td>PSYC 320</td>
<td>Social Psychology (3)</td>
<td></td>
</tr>
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<td>SOC 300</td>
<td>Introductory Sociology (3)</td>
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<td></td>
</tr>
<tr>
<td>SWHS 304</td>
<td>Introduction to Counseling Children (3)</td>
<td></td>
</tr>
<tr>
<td>SWHS 340</td>
<td>Introduction to Chemical Dependency (3)</td>
<td></td>
</tr>
<tr>
<td>SWHS 494</td>
<td>Topics in Human Services (0.5 - 4)</td>
<td></td>
</tr>
</tbody>
</table>

Total Units: 33

The Social Work/Human Services, General Associate in Arts (A.A.) degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See FLC graduation requirements.

### Student Learning Outcomes

Upon completion of this program, the student will be able to:
Career Information

Career opportunities may include but are not limited to: Peer Support Group Facilitator; Youth Group Home Worker; Alcoholism Program Worker; Family, Welfare, and Health Agencies Worker; Ombudsman Program Workers; Work with Correctional Agencies; Consumer Consultant; County or State Eligibility Worker; Conflict Containment Workers.

Certificate of Achievement

Social Work/Human Services, General Certificate

The certificate program in Human Services provides performance-based training for both associate level employment and transfer preparation. This certificate provides training for Psychology and Social Work majors towards Marriage Family Therapists, Social Workers, and Psychologists. All courses within this curriculum are transferable to CSU four-year degree programs. Coursework includes performance-based training in client screening, intake, assessment, orientation, individual counseling, group counseling, consultation, client's rights, confidentiality, crisis intervention, client education, professional ethics, reports and record keeping.

Catalog Date: June 1, 2020

Certificate Requirements

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<td>PSYC 320</td>
<td>Social Psychology (3)</td>
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<tr>
<td>SDIC 300</td>
<td>Introductory Sociology (3)</td>
<td></td>
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<td>SDIC 321</td>
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</tbody>
</table>

Total Units: 33

Student Learning Outcomes

Upon completion of this program, the student will be able to:

- define the functions of social service delivery systems.
- analyze public policy issues, complexities and controversies affecting social service agencies and their clients.
- integrate different theoretical approaches in working with clients.
- identify the community resources used in assisting clients.
- appraise and apply the knowledge of existing California professional codes of ethics for the helping professions.
- describe the application of clients' rights in the social service delivery system.
- demonstrate effective individual and group setting interpersonal and social skills in interactions with a demographically diverse population.

Career Information

Career opportunities may include but are not limited to: Peer Support Group Facilitator; Youth Group Home Worker; Alcoholism Program Worker; Family, Welfare, and Health Agencies Worker; Ombudsman Program Workers; Work with Correctional Agencies; Consumer Consultant; County or State Eligibility Worker; Conflict Containment Workers.

Certificate
Social Work/Human Services, Home Caregiver Certificate

The Home Caregiver Certificate prepares recipients with in-home ethical and legal preparation, interpersonal skill training, and information regarding the needs affiliated with aging. All courses transfer to California State Universities. Students planning to continue specialization in gerontology by transferring to a four-year college should consult the Requirements for Transfer Institutions section of this catalog.

Catalog Date: June 1, 2020

Certificate Requirements

<table>
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<tr>
<th>COURSE CODE</th>
<th>COURSE TITLE</th>
<th>UNITS</th>
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<tbody>
<tr>
<td>GERON 300</td>
<td>Sociology of Aging (3)</td>
<td>3</td>
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<tr>
<td>GERON 499</td>
<td>Work Experience in Gerontology (1 - 4)</td>
<td>3</td>
</tr>
<tr>
<td>SWHS 302</td>
<td>Introduction to Psychology of Human Relations</td>
<td>3</td>
</tr>
<tr>
<td>SWHS 350</td>
<td>Ethical Issues in Social Work/Human Services</td>
<td>3</td>
</tr>
<tr>
<td>Total Units:</td>
<td>12</td>
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</tbody>
</table>

Student Learning Outcomes

Upon completion of this program, the student will be able to:

- demonstrate skill, ease, confidence, rapport, and listening skills when communicating with the elderly at different cognitive levels.
- evaluate and discuss similarities and differences surrounding diverse aging populations as they relate to life expectancy, mortality, mobility, family, work, retirement, mental health, death, lifestyles, sexuality, and use of services.
- discuss the impact of language and other cultural factors that influence drug education, drug use, and treatment options with the elderly.
- evaluate common methods of care for the dying including hospitals, skilled nursing facilities, and hospice care.
- recognize and identify risk of caregiver stress in cases of Alzheimer’s and other dementia.
- identify and evaluate elder abuse causes, prevention strategies, and resources.
- identify strategies for meeting the challenges of aging within a socio-cultural framework.
- recognize and evaluate demographic, socioeconomic, legal, and physiologic aspects of aging.
- develop practical workplace skills and knowledge needed for employment.

Social Work/Human Services (SWHS) Courses

SWHS 299 Experimental Offering in Social Work/Human Services

Units: 0.5 - 4
Prerequisite: None.
Catalog Date: June 1, 2020

This course provides an overview of social service agencies, social work, and human services. Students will understand the historical and current delivery of social services by exploring problems of living such as poverty, substance abuse, and mental health. Emphasis is on the knowledge and tasks used by skilled, ethical, and culturally responsive social service workers. Students will have the opportunity to visit a social service agency and create a career plan or an internship program proposal. This course is not open to students who have completed HSER 300.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- compare the historical and current characteristics of human services delivery systems.
- develop the identity of a skilled, ethical, and culturally responsive human services professional.
- analyze the organizational structure and delivery system of a local social service agency.
- create a personal career plan or internship program proposal that integrates knowledge of the field of social work and human services.

SWHS 300 Introduction to Human Services

Units: 3
Hours: 54 hours LEC
Prerequisite: None.
Transferable: CSU
Catalog Date: June 1, 2020

This course provides an overview of social service agencies, social work, and human services. Students will understand the historical and current delivery of social services by exploring problems of living such as poverty, substance abuse, and mental health. Emphasis is on the knowledge and tasks used by skilled, ethical, and culturally responsive social service workers. Students will have the opportunity to visit a social service agency and create a career plan or an internship program proposal. This course is not open to students who have completed HSER 300.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- compare the historical and current characteristics of human services delivery systems.
- develop the identity of a skilled, ethical, and culturally responsive human services professional.
- analyze the organizational structure and delivery system of a local social service agency.
- create a personal career plan or internship program proposal that integrates knowledge of the field of social work and human services.

SWHS 302 Introduction to Psychology of Human Relations

Units: 3
Hours: 54 hours LEC
Prerequisite: None.
Transferable: CSU
General Education: AA/AS Area II(b); CSU Area E1
This course introduces the skills of communicating and relating to others by improving attitudes, values, and methods that enhance communication skills in human relations. This course will improve the students' interpersonal self-awareness skills and assertiveness techniques. This course is open to all students and is a required course for the Human Services/Gerontology degree and certificate program. This course is not open to students who have completed HSER 302.

**Student Learning Outcomes**

Upon completion of this course, the student will be able to:

- choose appropriate physical, tonal, and verbal responses in an interpersonal setting.
- confirm when a contradiction is presented between client’s spoken words, or between client’s spoken words and non-verbal behavior in an interpersonal setting.
- detect differences between poor responses and effective responses.
- describe the innate emotional basis influencing the individual response patterns of different persons which affect how they respond to their environment.

**SWHS 304 Introduction to Counseling Children**

**Units:** 3  
**Hours:** 54 hours LEC  
**Prerequisite:** None.  
**Transferable:** CSU  
**Catalog Date:** June 1, 2020

This course explores the skills and tools to counsel and support children in learning effective coping strategies to: address feelings, adjust to changes, overcome disappointment and trauma, make sense of the world around them and grow in their various relationships. Self-awareness and issues which may impact the therapeutic relationship are emphasized. Strategies and frameworks related to caregiver needs are developed and integrated throughout the course material. A variety of children's play mediums will be experienced with special emphasis on the importance of imagination and the use of fantasy. This class is comprised of lecture, experiential components, individual and group projects and weekly homework assignments. This course is not open to students who have completed HSER 304.

**Student Learning Outcomes**

Upon completion of this course, the student will be able to:

- construct a synthesized curriculum of counseling tools and resources which will be used to demonstrate the ability to engage children in therapeutic play utilizing a variety of mediums as measured by classroom participation and written journal homework assignments.
- assess, contrast and categorize the behavioral and emotional symptoms related to specific childhood mental health impairments.
- define through written and verbal recall the concept of projection.
- describe and demonstrate the effective use of projection in therapeutic play.

**SWHS 331 Cross Cultural Psychology**

**Same As:** PSYC 368  
**Units:** 3  
**Hours:** 54 hours LEC  
**Prerequisite:** None.  
**Advisory:** PSYC 300  
**Transferable:** CSU; UC  
**General Education:** AA/AS Area V(b); AA/AS Area III(b); AA/AS Area VI; CSU Area D; IGETC Area 4  
**Catalog Date:** June 1, 2020

This course explores the impact of cultural influences on the psychological and individual development of ethnic group members. Emphasis will be placed on integrating traditional theoretical approaches and current cross-cultural statistical research and theory in the study of African-Americans, Asian-Americans, Hispanic-Americans, Native-Americans, gays & lesbians, the elderly, and the disabled. This course is not open to those who have completed PSYC 368 or HSER 331.

**Student Learning Outcomes**

Upon completion of this course, the student will be able to:

- define culture; ethnic group demographics; family and gender roles; collectivism and individualism; research methodologies; identity formation and ethnicity, stereotypes, prejudice and discrimination; cognition and intelligence; language; bilingualism and non-verbal communication; psychosocial stressors; and behavior disorders.
- recognize, understand and analyze psychological issues related to individual and institutionalized ethnocentrism, stereotyping, and prejudice, including recognizing one's own ethnocentrism, stereotypes and prejudice.
- demonstrate an understanding of, describe, and critically analyze the research on the impact of culture and minority status on basic psychological processes.
- compare and contrast research biases in the study of individuals from diverse populations.

**SWHS 340 Introduction to Chemical Dependency**

**Units:** 3  
**Hours:** 54 hours LEC  
**Prerequisite:** None.  
**Transferable:** CSU  
**General Education:** AA/AS Area II(b); CSU Area E1  
**Catalog Date:** June 1, 2020

This course introduces and examines the psychological and physiological effects of chemical dependency on the individual. Also included is an analysis of the effects of substance abuse on the family: the
sociological and economic conditions contributing to substance abuse, and a description of communication efforts at prevention and treatment. Field trips may be required. This course is not open to students who have completed HSER 340.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- demonstrate the ability to use the assessment tools - from screening to placement to treatment planning - as used in human service agencies providing treatment for addiction.
- assess the behavioral symptoms belonging to the different classes of psychoactive drugs including street and prescription drugs.
- formulate and describe the medical and psychological markers of use as well as the risks of complications due to long-term chemical use.
- evaluate the effects of chemical dependency on family members and become familiar with assessment and treatment of family issues.
- identify and define the different substance abuse treatments available and be able to design appropriate referrals into treatment including detox, residential, outpatient, sober living environments, 12-step, and prevention programs.
- differentiate between the modalities of substance abuse treatment and how psychological theory interfaces with treatment including group, individual, and family services.

SWHS 350 Ethical Issues in Social Work/Human Services

Upon completion of this course, the student will be able to:

- evaluate and recognize the difference between the following limits to confidentiality: Tarasoff “Duty to Warn” and “5150” danger to self or others.
- research the Diagnostic and Statistical Manual and be able to define the major categories of diagnosis.
- design a full assessment of a client and be able to recommend appropriate treatment.
- analyze and apply ethical guidelines to situations such as dual relationships and self-disclosure.

SWHS 360 Techniques of Interviewing and Counseling

Upon completion of this course, the student will be able to:

- recommend and refer a client or person requesting help to at least three different community agencies appropriate for client’s needs, demographics, etc.
- assess when to utilize basic empathy skills in an interpersonal setting, and when to utilize challenging skills.
- justify and demonstrate effective utilization of both basic and challenging skills.
- differentiate among skills used with special needs individuals, the skills used with a chemical dependency population, and the skills used with a senior diagnosed with dementia.

SWHS 365 Techniques of Group Counseling

Upon completion of this course, the student will be able to:

- differentiate between techniques used in group and individual counseling.
- evaluate their use of effective group counseling techniques when facilitating and co-facilitating groups.
- choose effective group counseling techniques that facilitate change in clients’ behaviors.
- research culturally responsive group counseling techniques.
- choose professional development goals related to their on-going growth in the use of effective group facilitation skills.

**SWHS 366 Practices in Human Services**

**Units:** 3  
**Hours:** 18 hours LEC; 108 hours LAB  
**Prerequisite:** SWHS 300 and 350 with grades of “C” or better  
**Transferable:** CSU  
**Catalog Date:** June 1, 2020

This course provides students with a supervised internship in a community organization, agency, or institution that provides social services. Through weekly class meetings, students review knowledge and skills learned in previous social work/human services courses. This course focuses on developing skills for future work as a human services professional. Students must provide their own transportation to internships. This course is not open to students who have completed HSER 366.

**Student Learning Outcomes**

Upon completion of this course, the student will be able to:

- integrate knowledge of the field of human services into fieldwork experiences.
- incorporate the ethical code into fieldwork practice.
- manage client information within the appropriate legal, ethical, privacy, and agency guidelines.
- choose culturally responsive services that incorporate cultural humility and cultural engagement.
- evaluate their developing identity as a skilled, ethical, and culturally responsive human services professional.

**SWHS 367 Advanced Practices in Human Services**

**Units:** 3  
**Hours:** 18 hours LEC; 108 hours LAB  
**Prerequisite:** SWHS 366 with a grade of “C” or better  
**Transferable:** CSU  
**Catalog Date:** June 1, 2020

This advanced practicum course provides research and supervised field experience in public and/or private agencies providing mental health, corrections, chemical dependency, and child/adolescent treatment services. Students integrate concepts, values, and skills acquired from previous courses and apply their knowledge to the process of helping others via internships. Field trips are required and students provide their own transportation. This course is not open to students who have previously taken HSER 499: Experimental Offering in Human Services (Advanced Practices in Human Services). This course is not open to students who have completed HSER 367.

**Student Learning Outcomes**

Upon completion of this course, the student will be able to:

- demonstrate the ability to assess an actual work problem and choose intelligent and thoughtful solutions.
- utilize professional written communication skills, including a clear writing style and the ability to write grammatically correct.  
- utilize professional oral communication skills including oral presentations, case presentations, group interaction, peer review, and group problem solving.
- demonstrate an understanding of working with diverse client populations by referring a client to at least one agency for each population age-group: newborn to senior.  
- demonstrate professional competency using integrated understanding for individual improvement by developing additional skills.

**SWHS 494 Topics in Human Services**

**Units:** 0.5 - 4  
**Hours:** 9 - 72 hours LEC  
**Prerequisite:** SWHS 300 and 350 with grades of “C” or better  
**Transferable:** CSU  
**Catalog Date:** June 1, 2020

This practicum course provides research and classroom experience in designing programs for public and/or private agencies providing mental health, corrections, chemical dependency, and child/adolescent treatment services. Students integrate concepts, values, and skills acquired from previous courses and apply their knowledge to the process of helping others via project planning. This course is not open to students who have previously taken HSER 499: Experimental Offering in Human Services (Advanced Practices in Human Services). This course is not open to students who have completed SWHS 367.

**Student Learning Outcomes**

Upon completion of this course, the student will be able to:

- assess work problems and choose intelligent and thoughtful solutions.
- produce professional writing samples that demonstrate the use of professional written communication skills, including a clear writing style and the ability to write grammatically correct.  
- select the most effective oral communication skills for use in different professional modalities of communication such as case studies, oral presentations, group interaction, peer review, and group problem solving.
- integrate culturally responsive interventions into written and oral communication.
- evaluate the effectiveness of their professional practice through the use of reflection, peer feedback, and supervisor suggestions.
create a social services program that can be implemented in their community.

SWHS 495 Independent Studies in Human Services

| Units: | 1 - 3 |
| Hours: | 54 - 162 hours LAB |
| Prerequisite: | None |
| Transferable: | CSU |
| Catalog Date: | June 1, 2020 |

This course provides students with opportunities to develop marketable skills in preparation for employment or advancement within the field of Social Work/Human Services. Course content will include understanding the application of education to the workforce; completing required forms which document the student's progress and hours spent at the work site; and developing workplace skills and competencies. During the semester, the student is required to attend orientation. Students must complete 75 hours of related paid work experience, or 60 hours of related unpaid work experience, for one unit. An additional 75 hours of related paid work experience or 60 hours of related unpaid work experience is required for each additional unit. The course may be taken for a maximum of 16 units. Students should have access to a computer, the Internet, and some computer media such as a USB drive to store data files. Online students must have an email account. Only one Work Experience course may be taken per semester.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- apply industry knowledge and theoretical concepts in a field of study or career as written in the minimum 3 learning objectives created by the student and his/her employer or work site supervisor at the start of the course.
- manage personal career plans and decision making using industry & workforce information and online resources.
- behave professionally and ethically, exhibit adaptability, initiative, self-awareness and self-management as needed.
- exhibit effective communication, collaboration, and leadership skills at work with consideration to workplace dynamics and social and diversity awareness.
- demonstrate critical and creative thinking skills as they apply to the workplace.

SWHS 498 Work Experience in Human Services

| Units: | 1 - 4 |
| Hours: | 60 - 300 hours LAB |
| Prerequisite: | None |
| Enrollment Limitation: | Student must be in a paid or non-paid internship, volunteer opportunity, or job related to career interests. |
| Advisory: | ENGWR 101 or ESLW 320 |
| Transferable: | CSU |
| General Education: | AA/AS Area II(b) |
| Catalog Date: | June 1, 2020 |

This course provides students with opportunities to develop marketable skills in preparation for employment or advancement within the field of Social Work/Human Services. Course content will include understanding the application of education to the workforce; completing required forms which document the student's progress and hours spent at the work site; and developing workplace skills and competencies. During the semester, the student is required to attend orientation. Students must complete 75 hours of related paid work experience, or 60 hours of related unpaid work experience, for one unit. An additional 75 hours of related paid work experience or 60 hours of related unpaid work experience is required for each additional unit. The course may be taken for a maximum of 16 units. Students should have access to a computer, the Internet, and some computer media such as a USB drive to store data files. Online students must have an email account. Only one Work Experience course may be taken per semester.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- apply industry knowledge and theoretical concepts in a field of study or career as written in the minimum 3 learning objectives created by the student and his/her employer or work site supervisor at the start of the course.
- manage personal career plans and decision making using industry & workforce information and online resources.
- behave professionally and ethically, exhibit adaptability, initiative, self-awareness and self-management as needed.
- exhibit effective communication, collaboration, and leadership skills at work with consideration to workplace dynamics and social and diversity awareness.
- demonstrate critical and creative thinking skills as they apply to the workplace.

SWHS 499 Experimental Offering in Social Work/Human Services

| Units: | 0.5 - 4 |
| Prerequisite: | None |
| Transferable: | CSU |
| Catalog Date: | June 1, 2020 |

Faculty

Lynn Baker-Nauman
Adjunct Professor

Office: FLC Main
Email: baker-l@flc.losrios.edu

Teresa Duran
Adjunct Professor

Office: FLC Main
Email: durant@flc.losrios.edu
Web: Teresa Duran's Profile Page (/about-us/contact-us/faculty-and-staff-directory/teresa-duran)

Jennifer Sanford

Katherine Van Noord

Dr. Jill Bradshaw
Assistant Professor

Office: FLC Main, Harris Center for the Arts, PAC-2170
Email: bradshj@flc.losrios.edu
Phone: (916) 608-6525
Web: Dr. Jill Bradshaw's Profile Page (/about-us/contact-us/faculty-and-staff-directory/dr-jill-bradshaw)

Dr. Kalinda Jones
Professor

Office: FLC Main, Harris Center for the Arts, PAC-2330
Email: jonesk@flc.losrios.edu
Phone: (916) 608-6844
Web: Dr. Kalinda Jones's Profile Page (/about-us/contact-us/faculty-and-staff-directory/dr-kalinda-jones)
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