

Meeting Minutes



F O L S O M L A K E C O L L E G E EL DORADO CENTER | RANCHO CORDOVA CENTER

Nutrition Education Certificate Program Advisory Board

Meeting Name: General Board	Location: Virtual (electronic only)	
Date: 11/18/2018	Start Time: 11:12 AM	Stop Time: 9:28 AM, 12/3/2019
Note Taker: All	Facilitator: Rose Giordano	
Virtual Attendees/Minutes Contributors: Amanda Linares MS, Amy Myrdal Miller MS RDN FAND, Marisa I Ramos PhD, Jennifer T Smilowitz PhD		
Approval of Previous Minutes by Consent: n/a		
MINUTES		
<p>1. Instructions for the meeting:</p> <ul style="list-style-type: none">a. This is a virtual meeting. Future meetings will be also offered in other modes of discussion (teleconference, video-conference, email, or face-to-face) based on availability for majority of board members.b. Discussion of the importance of roles and responsibilities as advisory board members.c. Request for feedback from members on whether or not it supports the Nutrition Education Certificate program at FLC.d. Members have seven (7) days, November 25, 2019, to provide response within the email thread (as noted in the start and stop times listed above).e. R. Giordano will compile and forward overall impression from this committee to the LRCC administration and governing bodies.f. A follow-up email communication to determine our next meeting location, date/time will be sent by R. Giordano <p>2. Review of action items:</p> <ul style="list-style-type: none">a. A. Myrdal Miller: very supportive of the program and encourage FLC to continue to offer this opportunity for students; One area for potential career opportunities is the supermarket sector. Supermarkets around the country are employing people with formal nutrition training to work in conjunction with a retail dietitian; the California Academy of Nutrition and Dietetics Public Policy Council is pursuing licensure for dietitians in California. The issue of “consumer protection” will be highlighted during our efforts with legislators, and employers throughout the state may become increasingly concerned about the quality of food and nutrition information and guidance being shared by their employees. A certificate in nutrition education provides a baseline of professional knowledge that will likely grow in value in subsequent years.b. A. Linares: supports the existence of the Nutrition Education Certificate and it should		

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continue to be offered. The fifth item under Student Learning Outcomes (describe ethnicity, ethnocentrism, and racism and analyze the impact of these on food habits and communication in the United States) is really important, and there should be an analogous learning outcome in the realm of socioeconomics. It may make sense for these to be intertwined, as they certainly are in real life; Continued focus on current trends, diets, debunking myths (and relying on science), and other hot topics in nutrition is important and helps keep course content current; many of these possibilities are an extension of (gov't) public health. In public health, the majority of our work is in schools, after school, and ECE. We know that food environment plays a huge role in human behavior, and the most effective interventions to change those behaviors include both nutrition education and changing the environment. It is not clear if the coursework at FLC speaks to the effect of policy, systems, and environment on dietary behaviors; The FLC website career information section and folks that may want to earn this certificate to work in gov't/public agencies, schools, or preschools; There's a benefit to having a basic understanding of the federal programs that exist (SNAP-Ed, WIC, CACFP, etc.), their basic requirements, and/or other food-related law/regulation/policies required in schools, preschools and other career-orientated academic programs.

- c. M. Ramos: supports certificate; As an individual that is working within the State system it would be Important for students to learn what it takes to develop policy for the entire State and suggested this info be included within one of the courses; internships at the State would be a great forum to get that experience for those that want to go into a governmental policy career.
- d. J. Smilowitz: agree with board members in support of the program. This certificate program offers practical and attainable training for folks from all walks of life interested in nutrition and wellness careers; the NUTRI 322 course is very important for anyone involved in working directly with parents, children, and the elderly so this encompasses many careers including government agencies, nursing homes, schools, etc.
- e. R. Giordano: appreciated the subject of upcoming issues coming from the CANDPP Council; the supermarket/grocery perspective a good community outreach opportunity for the FLC Nutrition Dept; Cultural Foods of the World (NUTRI 310) is a popular course that stresses the appreciation of culture and socioeconomics in food choices. It is the one class that we encourage students to complete if they are only interested in the certificate program; our goal is to instill some critical thinking skills to slice through all of the non-factual info available on social media and the internet in general;

ACTION ITEMS

Item	Status
Support for Nutrition Education Certificate program in career education and opportunities	Unanimous Approval

ADJOURNMENT

9:28 AM, 12/3/19

NEXT MEETING

TBA