

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510.

FIRST YEAR

Semester 1:

17 units

CAT.	COURSE	TITLE		GE AREA
Req	NUTRI 300	Nutrition	3	III(b)
Req	CHEM 400*	General Chemistry I	5	IV
GE	ENGWR 300	College Composition	3	II(a)
Req	PSYC 300 or SEE LIST	General Principles or See List	3	V(b)
GE	AA GE: I	Humanities	3	I

Semester 2:

17 units

Req	NUTRI 340	Nutrition and Metabolism	3	
Req	CHEM 401*	General Chemistry II	5	
Req	BIOL 400*	Principles of Biology	5	
GE	PSYC 330	Introductory Statistics for the Behavioral Sciences	3	II(b)
GE		Physical Education Activity	1	III(a)

* This course has a prerequisite or corequisite course.

Nutrition Elective List: A minimum of 3 units from the following:

- ANTH 310: Cultural Anthropology (3 units)
- SOC 300: Introductory Sociology (3 units)
- SOC 301: Social Problems (3 units)
- ECON 302: Principles of Macroeconomics (3 units)
- ECON 304: Principles of Microeconomics (3 units)
- PSYC 300: General Principles (3 units)

Notes:

- See FLC [AA/AS](#) General Education requirements.
- A degree applicable elective is defined as any class with a course number between 100 and 499.
- Some English and Math courses have support courses (co-requisites). See your assessment results for more details.

EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this degree
GE	General Education	A course that fulfills a specific general education requirement for this degree, which can be replaced with another course that meets the same requirement
Elec	Elective	A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree



SECOND YEAR

Semester 3:

16 units

CAT.	COURSE	TITLE	GE AREA
Req	BIOL 420*	Principles of Zoology	5
Req	CHEM 420*	Organic Chemistry I	5
Req	PSYC 335*	Research Methods in Psychology	3
GE		Ethnic/Multicultural Studies	3 VI

Semester 4:

15 units

Req	BIOL 410*	Principles of Botany	5
Req	CHEM 421*	Organic Chemistry II	5
GE		Humanities	2 I
GE		American Institutions	3 V(a)

* This course has a prerequisite or corequisite course.

Notes:

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