Nursing

Overview

Folsom Lake College's Nurse Assistant course is an 8-week long course that provides students with the necessary skills and knowledge to prepare to become a Certified Nurse Assistant (CNA). Students successfully completing the course become eligible to take the State of California Nurse Assistant Certification exam.

The course is designed for students who are:

- Interested in the direct patient care experience
- · Seeking employment as an entry level provider
- Interested in exploring the healthcare environment as a career option

Career Options

A certified nursing assistant (CNA) helps patients with daily healthcare needs under the direct supervision of a Registered Nurse (RN) or Licensed Vocational Nurse (LVN). Many CNAs use their knowledge and experience as a launchpad to further their careers and become an LVN or RN with education and training.

Highlights

- Course taught by healthcare professionals
- Included in a variety of degree programs and career certificates in health care
- · Completed in 8 weeks

Requirements

- 1. Proof of health history/physical exam no older than three months.
- 2. Proof of negative tuberculin (TB) skin test no older than three months.
 - a. If TB skin test result is positive, proof of inactive TB chest x-ray no older than three months.
- 3. Spring semester students must submit proof of having a current season influenza vaccine.
- 4. LiveScan Fingerprinting Paperwork and instructions will be given during orientation and will be paid for by the college. Course candidate must submit the Nurse Assistant initial application (CDPH 283B) that will include disclosure of prior or current criminal convictions.

COVID-19: All students entering the CNA program are required to provide proof of completed COVID-19 vaccine series and bivalent booster when due. Proof of vaccination must include the vaccine you received and the date(s) of vaccination(s). Exemption to full vaccination cannot be accepted for clinical placement in skilled nursing facilities due to risk factors for vulnerable populations.

NOTE: There is no automatic denial to take the course, however, the California Department of Public Health can determine that the candidate is not eligible to be in the clinical setting or to take the state certification based on the criminal offense.

Approximate Costs

To benefit Certified Nursing Assistant students and elder care communities, Folsom Lake College endeavors to cover some student expenses through grant funding when possible. Grant funding varies from year to year.

The items under "Who pays" are subject to change.

"Reference cost" is the cost to students if grant funding cannot cover the expense.

| ITEM | WHO PAYS? | REFERENCE COST | COMMENTS |
|--------------------|---|----------------|--|
| Fingerprinting | Paid for by college/grant | N/A | Paid for by FLC. Student is not responsible for this payment |
| Certification Exam | When possible, paid for by college/grant | \$100 | |
| Textbook | Free loaners from FLC | \$17 to \$32 | |
| Workbook | Student OR possible free options | \$6 to \$24 | |

| ITEM | WHO PAYS? | REFERENCE COST | COMMENTS |
|---|---|----------------|---|
| Uniform (top and bottom) | When possible, one uniform paid for by college/grant | \$60 to \$100 | Dark blue scrubs |
| Shoes | Student | \$30 | Closed toe and heel |
| I.D. Badge | Student | \$20 | |
| Gait Belt | Free loaners from FLC | \$7 to \$25 | |
| BP Cuff | Free loaners from FLC | \$40 | |
| Stethoscope | Free loaners from FLC | \$50 | |
| Wrist Watch | Student | \$20 to \$40 | Analog watch with second hand |
| Mileage to El Dorado Center and clinical site | Student | Varies | El Dorado Center 6699 Campus Drive, Placerville, CA 95667 Western Slope Health Center 3280 Washington St, Placerville, CA 95667 The Pines at Placerville Healthcare Center 1040 Marshall Way, Placerville, CA 95667 |

Course Schedule

ocation

) Sites

El Dorado Center 6699 Campus Drive Placerville, CA 95667

Rancho Cordova Center 10259 Folsom Blvd. Rancho Cordova, CA 95670

nical Sites

Western Slope Health Center 3280 Washington St. Placerville, CA 95667

Folsom Care Center 510 Mill Street Folsom, CA 95630

NURSE 100 Spring 2023 SCHEDULE IS SUBJECT TO CHANGE PENDING COVID IMPLICATIONS

- Mandatory Orientation: 9:00 am to 12:00 pm, March 23 at El Dorado Center
- Theory: 9:00 am to 1:40 pm, as noted on calendar at El Dorado Center or Rancho Cordova Center
- Clinical: 7:00 am to 4:25 pm, as noted on calendar at either Western Slope or TBA for Rancho Cordova Center
- State Exam Practice Labs: 9:00 am to 12:25 pm, as noted on the calendar at El Dorado Center or Rancho Cordova Center

For additional information, please see Frequently Asked Questions (/academics/nursing-faq) or contact careerprograms@flc.losrios.edu (mailto:careerprograms@flc.losrios.edu).

| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------|---|---|--|--|---------------------------------|
| 1 | | | | 3/23 (at EDC) Mandatory Orientation & Live Scan Fingerprinting | 3/24 |
| 2 | 3/27 Theory 1 Skills Lab 9:00 am to 1:40 pm | 3/28 Theory 2 Skills Lab 9:00 am to 1:40 pm | 3/29 Theory 3 Skills Lab 9:00 am to 1:40 pm | 3/30 Theory 4 Skills Lab 9:00 am to 1:40 pm | 3/31 César Chávez Day |
| 3 | 4/3 Theory 5 Skills Lab 9:00 am to 1:40 pm | 4/4 Theory 6 Skills Lab 9:00 am to 1:40 pm | 4/5 Theory 7 Skills Lab 9:00 am to 1:40 pm | 4/6 Theory 8 Skills Lab 9:00 am to 1:40 pm | 4/7 |

| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------|--|---|---|---|--------|
| 4 | 4/10 Theory 9 Skills Lab 9:00 am to 1:40 pm | 4/11 Theory 10 Skills Lab 9:00 am to 1:40 pm | 4/12 Clinical 1 7:00 am to 4:10 pm | 4/13 Clinical 2 7:00 am to 4:10 pm | 4/14 |
| 5 | 4/17 Theory 11 Skills Lab 9:00 am to 1:40 pm | 4/18 Clinical 3 7:00 am to 4:10 pm | 4/19 Clinical 4 7:00 am to 4:10 pm | 4/20 Clinical 5 7:00 am to 4:10 pm | 4/21 |
| 6 | 4/24 Clinical 6 7:00 am to 4:10 pm | 4/25 Clinical 7 7:00 am to 4:10 pm | 4/26 Clinical 8 7:00 am to 4:10 pm | 4/27 Clinical 9 7:00 am to 4:10 pm | 4/28 |
| 7 | 5/1 Theory 12 Lab 9:00 am to 1:40 pm | 5/2 Theory 13 Lab 9:00 am to 1:40 pm | 5/3 Clinical 10 7:00 am to 4:10 pm | 5/4 Clinical 11 7:00 am to 4:10 pm | 5/5 |
| 8 | 5/8 Theory 14 Lab 9:00 am to 1:40 pm | 5/9 Theory 15 Lab 9:00 am to 1:40 pm | 5/10 Clinical 12 7:00 am to 4:10 pm | 5/11 Clinical 13 7:00 am to 4:10 pm | 5/12 |
| 9 | 5/15 Clinical 14 7:00 am to 4:10 pm | 5/16 State Exam Practice Lab, OR Make-up Lab Day 9:00 am to 12:25 pm | 5/17 State Exam Practice Lab, OR Make-up Lab Day 9:00 am to 12:25 pm | 5/18 State Exam Practice Lab 9:00 am to 12:25 pm | 5/19 |

Nursing Frequently Asked Questions

(/ACADEMICS/NURSING-FAQ)

Division Dean

Dr. Christopher Morris (/about-us/contact-us/employee-directory/employee?id=2038747&xid=)

Department Chair

<u>Jason Pedro (/about-us/contact-us/employee-directory/employee?id=0700313&xid=)</u>

Meta-Maio

Public Service, Health, and Education (/academics/meta-majors/public-service-health-and-

education)

Phone

(916) 608-6927

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Nursing (NURSE) Courses

NURSE 100 Nurse Assistant

Units:

Hours: 81 hours LEC; 135 hours LAB

Prerequisite: None.

Corequisite: AH 311

Enrollment Limitation: Enrollment Limitations: Students enrolled in the Certified Nursing Assistant Program are required to meet the onboarding requirements of their clinical facilities and

California Department of Public Health (CDPH). Instructions for how to meet these requirements will be provided to enrolled students by the instructor prior to the first day of class. These items include but are not limited to: (1) Proof of physical exam no older than three months. (2) Proof of negative 2-step tuberculin (TB) skin test no older than three months. (3) If the TB skin test result is positive, proof of inactive TB chest x-rays no older than three months. (4) Spring semester students must submit proof of having a current season influenza vaccine. Fall semester students must submit proof of the current season influenza vaccine when the vaccine becomes available. (5) Before the first day of class, students must submit the Nurse Assistant initial application (CDPH 283B) that will include disclosure of prior or current criminal convictions. While the college has no automatic denial for students with a criminal background wishing to enroll in the course, students should be advised that the California Department of Public Health will ultimately determine if a student is eligible to be in a clinical setting and receive state certification based on their

criminal background.

Catalog Date: August 1, 2024

This course leads to the certified nurse assistant (CNA) certification exam. It emphasizes the gerontological nursing assistant's role and responsibilities as a healthcare team member. It also covers principles of asepsis, infection control, resident care skills, nutrition, body mechanics, and emotional, social, and spiritual needs of the resident. Students will be responsible for costs associated with obtaining a clinical uniform, clinical name tag, their portion of the college's malpractice insurance, and any fees required for state certification.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- identify and discuss state and federal law relative to the role and responsibilities of the Certified Nurse Assistant with regards to professionalism, ethics and confidentiality.
- demonstrate medical asepsis for infection control and identify ways to prevent the spread of infection.
- demonstrate emergency procedures and discuss the responsibilities of the Certified Nurse Assistant during unusual occurrences.
- demonstrate routine patient care skills and procedures.

NURSE 299 Experimental Offering in Nursing

Units: 0.5 - 4
Prerequisite: None.
Catalog Date: August 1, 2024

This is the experimental courses description.

NURSE 499 Experimental Offering in Nursing

Units:0.5 - 4Prerequisite:None.Catalog Date:August 1, 2024

This is the experimental courses description.

Faculty

Public Service, Health, and Education

(/meta)

This class is part of the Public Service, Health, and Education meta-major.

<u>Learn More</u> (/META)